week on week

marketview

Report issued: 25th March 2026

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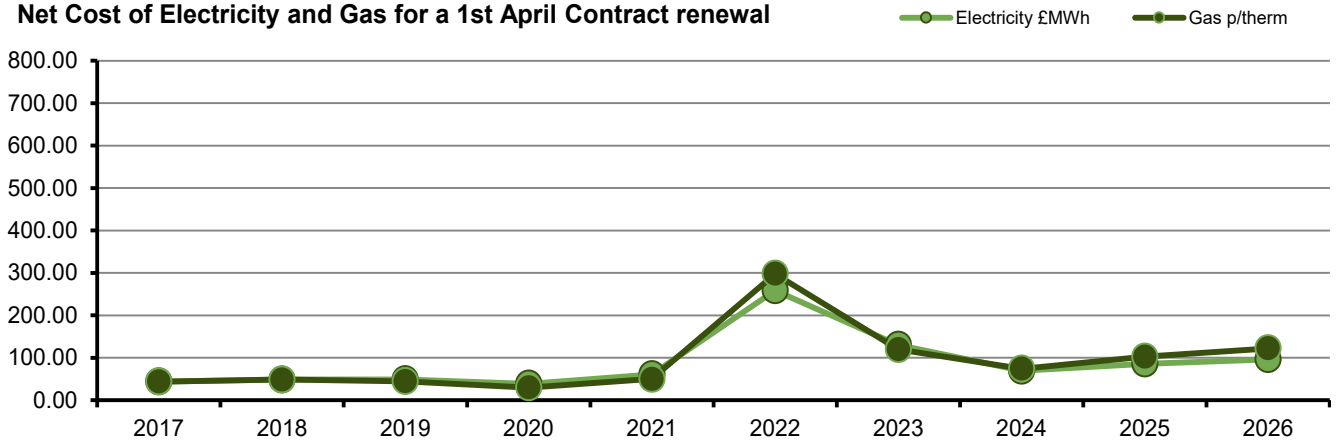
Net Cost of Electricity and Gas for a 1st April Contract renewal



Electricity: base load cost - excludes distribution, taxation and supplier margin and costs

2017	2018	2019	2020	2021	2022	2023	2024	2025	2026
43.85	48.83	49.29	38.75	60.94	258.52	130.23	69.28	85.95	96.22

Gas: core gas cost - excludes distribution, taxation and supplier margin and costs

2017	2018	2019	2020	2021	2022	2023	2024	2025	2026
43.82	48.73	44.86	30.10	50.34	297.74	119.79	74.04	102.73	122.08

Week commencing 16th March 2026

	Oil (bbl)	Gas (ppt)	Power (MWh)	Coal (MT)
Start	$101.54	122.08	£96.22	$125.25
End	$109.28	148.26	£107.55	$128.50

Over the course of the week, UK gas and power markets showed mixed but reactive movements, with prices initially firming before softening midweek and then strengthening again toward the end. The UK gas system generally opened long, though balances tightened later in the week. Weather forecasts indicated temperatures staying above seasonal norms in the near term before turning cooler, with some revisions pointing to warmer conditions into early April. Norwegian gas flows remained a key driver, increasing early in the week as maintenance eased but later declining again due to ongoing outages and seasonal work, with some volumes redirected to continental Europe. Meanwhile, geopolitical tensions in the Middle East, including continued strikes and concerns over supply routes, contributed to volatility in oil prices, which rose earlier in the week before easing slightly as discussions around supply security and shipping routes progressed.

Week commencing 9th March 2026

	Oil (bbl)	Gas (ppt)	Power (MWh)	Coal (MT)
Start	$90.88	121.61	£97.76	$129.50
End	$101.54	122.08	£96.22	$125.25

Across the week, UK NBP gas prices and the forward curve were largely driven by shifting geopolitical sentiment in the Middle East, initially rising on escalating tensions before easing on signs of de-escalation, then firming again as risks to energy infrastructure and shipping routes resurfaced; power prices broadly tracked gas throughout. The UK system consistently opened long, while demand-side dynamics were shaped by fluctuating temperatures and wind generation, with stronger wind output reducing gas-for-power demand early in the week before weaker wind later provided some support. Weather remained above seasonal norms initially, briefly turned colder, and is expected to become milder again. On the supply side, Norwegian flows fluctuated due to maintenance and subsequent recoveries, while UK LNG sendout remained relatively steady despite some day-to-day variation. Oil markets were highly volatile, reacting to conflict developments, shipping disruptions, and policy signals, with price spikes linked to supply risks and occasional pullbacks on easing rhetoric, all contributing to broader energy market uncertainty.

Week commencing 2nd March 2026

	Oil (bbl)	Gas (ppt)	Power (MWh)	Coal (MT)
Start	$72.65	78.09	£73.45	$106.60
End	$90.88	121.61	£97.76	$129.50

Across the week, UK NBP gas and baseload power prices moved sharply higher, with particularly strong gains early in the period as escalating conflict in the Middle East drove significant volatility across both the spot market and the front of the curve. Initial price surges were fuelled by reports of expanding military strikes across the region, including attacks affecting Lebanon, Kuwait and key energy infrastructure, alongside announcements that LNG production had been halted at QatarEnergy's Ras Laffan terminal and that Saudi Arabia had shut its largest domestic refinery following nearby strikes. The closure of the Strait of Hormuz further intensified market concern by blocking shipments through the crucial export route, pushing global oil prices sharply higher and lifting European gas benchmarks to multi-year highs. As the week progressed, UK gas prices remained elevated but increasingly volatile, with market sentiment continuing to be dominated by geopolitical developments, including ongoing strikes involving Iran and threats to vessels attempting to transit the Strait of Hormuz, while the US signalled potential protection for tankers moving through the chokepoint. Fundamental factors provided some counterbalance, with the UK gas system generally opening long on most days, steady Norwegian supply flows and periods of stronger LNG send-out, while weather forecasts indicated temperatures above seasonal norms for much of the near term. By the end of the week, UK spot and curve prices remained firm but below earlier peaks, while oil prices eased modestly after several consecutive days of gains, though crude was still set for a substantial weekly increase amid the continued geopolitical risk premium.

Week commencing 23rd February 2026

	Oil (bbl)	Gas (ppt)	Power (MWh)	Coal (MT)
Start	$71.23	76.39	£72.41	$114.00
End	$72.65	78.09	£73.45	$106.60

Across the week, UK gas and power markets traded in mixed and relatively illiquid conditions, with front-end gas prices generally softening while further-out contracts showed periods of firmness, and baseload power following a similar pattern. The UK gas system consistently opened balanced or slightly long, while weather forecasts trended milder overall, with temperatures expected to remain above seasonal norms into mid-to-late March despite a brief cold dip and some variability between runs. Wind generation stayed largely above normal. Norwegian supply remained a key driver, with exit nominations gradually declining through the week amid ongoing and newly announced maintenance at fields including Åsgard, Ormen Lange, Oseberg, Aasta Hansteen and Dvalin, with flows to the UK adjusting accordingly, particularly via Langeled. UK LNG send-out fluctuated over the period, while storage withdrawals and interconnector exports also varied. Geopolitical developments remained a prominent source of volatility, as shifting rhetoric and ongoing diplomatic engagement between the US and Iran, including talks in Geneva and plans to reconvene in Vienna, influenced oil prices, which softened early in the week before firming again toward Friday.

Disclaimer: The above information is based on current market data available at the time of producing this document and is subject to change.
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